



Team Building Sailing Adventure Experience!

"Life is either a daring adventure, or nothing." Helen Keller

... WHAT's Sailing?

It's the wind in your hair, the sun in your face and the absolute certainty there is more to life than work!

... WHAT's Sail7Cs Team Day?

- It's a day away with your team to chill out and play
- It's a chance to learn to sail in an environment of fun and adventure
- Its chance for a different look at teamwork; to get to know one another from working together in a different setting, to build new rapport and camaraderie
- It's a chance to learn about the Sail 7Cs Success factors for teams at work

... WHAT's the Deal?

- Team Building Instructional Program from \$220 pax plus GST
- Four participants sail on each boat...
- Facilitators and sailing instructors teach you everything you need to know
- Meals and beverage are additional, although water is provided
- BBQ Dinner Buffet from \$50++, Whole BBQ Lamb additional \$480 Tiger Beer at \$450/drum



... WHAT's the Program?

Time	Activity	Description
10:00	Introduction	Sail Train Briefing, Safety, Energizers, Team Allocation
11:00	Tea Break	In Marina
11:30	Set Sail	Teams rotate tasks onboard, navigate, tack, read wind, etc.
13:00	Lunch	Gourmet Sandwich Packs and finger food onboard.
13:30	Practice	Practice racing, sharpen skills, refine speed
16:00	Mini Regatta	The teams race their sail boats against each other.
17:00	Finish	Sail Course is completed and boats return to Marina
17:30	Freshen Up	Shower and change at marina facilities
18:30	Dinner	BBQ Dinner by the Sea

Other programs, customized to your input and requirements, are available - the sea's the limit!

... What are the 7C Success Factors?

- A universal **values** framework and a set of **principles** and **practices for teams...**
- Interdependent and complimentary streams of activity, learning and skill building
- A way to align, balance, and synergize the work you do as a team for the success of your business



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